



Needs List

July 2017

Canned Fruit
Cereal
Crackers
Baking items- cake mixes, muffin mixes
Oil
Canned Salmon
Toilet Paper
Laundry Soap
Shampoo, Body Wash, Toothpaste
Instant coffee, hot chocolate, Coffee, Tea
Baby Food Jars – meals and vegetables only (no fruit)
Gluten Free Products
Size 5 & 6 diapers
School Supplies

Fresh/Frozen Foods - see note below

Meat, Yogurt, Margarine, Butter
***Fresh product must be given to a volunteer at either: 3185
Unity Dr, Tues-Thurs. 9-2pm or 3051 Battleford Rd, Mondays
only 9am-3pm, in order to be refrigerated.**