



eden community food bank

**Annual
Report
2014**

**Good Food
for All!**

Executive Director's Message



2014 was a year of growth and transition for us at Eden Community Food Bank.

The Food Bank distributed just over 508,241 pounds of non-perishable and fresh food items to the 400 hungry families who visit each month.

There were a total of 45 participants in our nine cooking courses in the Learning Kitchen. 95% reported an increased knowledge of healthy eating. 51 corporate and community groups in the kitchen prepared over 16,000 portions of food distributed through the Food Bank.

279 individuals contributed 22,694 volunteer hours. 60 new volunteers joined the team. 45 groups contributed another 2,838 volunteer hours. Our work was presented in the community over 30 times.

The Fresh Produce Box Program completed its first full year of operations providing fruits and vegetables to everyone in the community at discounted prices. The program grew quickly from 50 boxes a week in January to over 400 boxes by the end of the year.

When people learn about our advocacy services, our cooking classes and Fresh Produce Box program they are often surprised, because those services don't come to mind when the average person thinks of a food bank. We knew we had to change our name to better reflect all the ways we serve hungry people living in western Mississauga. Plus, we hope that removing the "food bank" from our name will help people who need our help, but feel embarrassed to come.

In May 2015, we officially changed our name to, **Eden Food for Change**, which conveys our belief that food has the power to make a positive impact and change lives for the better.

Good Food for All!

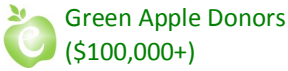
2014

S	Donna Behmer , Food Bank Manager	Bill Crawford , Executive Director
t	Maureen Sawicki , Office Admin	Chris Szypulewski , Operations Supervisor
a	Peter Costello , Director of Operations, The Learning Kitchen	
1	Christina Philips , Community Engagement Coordinator (Mar-Dec)	
4	Janet Watson , Volunteer Coordinator (Apr-Dec)	

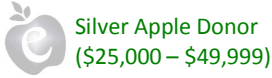
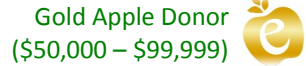
2014 Board of Directors:

Michelle Martin, President • Benjamin Ferrie, VP • Tim Scott, Treasurer • Naz Zarifian, Secretary
Beth Barnes • Vanna Boghossian (Jan-May) • Bhanu Kohli (Jan-Aug) • Trivéa Isaacs • Lisa Last •
Bob Sjolín • Gaynor Feltmate • Ron Saito (May-Dec) • Maria Glidden (May-Dec) • Andrew Mitchell
(May-Dec) • Pravir Patel (May-Dec)

Major Financial & Food Supporters



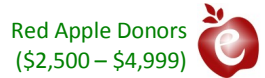
Homelessness Partnering Strategy (HPS)



McCormick, The Simple Investor, Elevation Church Greater Toronto Area, Our Lady of Mount Carmel Secondary School, Tim Hortons Advertising and

Promotion Fund (Canada), Whole Foods Market

Service Filtration of Canada, Investors Group, Comark, Erinwood Ford, Mondelēz International, Dufferin-Peel Principals and Vice Principals Association, Bell Canada, Mississauga Meadowvale Lions Club, Tree of Life Canada



Bank of Montreal (BMO), Canadian Property Stars, Deepa Kumar Medicine Professional Corp, Kronos Canada, Leeswood Design Build Ltd, Pallett Valo LLP, RBC Royal Bank, River Grove

Seniors Friendship Club, Ross Mitchell Family Foundation, Stantec Employees, Sun Life Financial, Target Canada, Univera Serve First, Wakefield Canada Inc (Castrol), Alterna Savings, Loyola Catholic Secondary School, Gusgo Transport Ltd, Meadowvale Community Christian Reformed Church, Knights of Columbus, John Fraser Secondary School, Peel Regional Police PCLC- Cram-a-cruiser, Edwards Lifesciences, Ecosource, Mantralogix, United Way GTA, Dominion In Christ International Ministries, Dimension Data Canada, Mattel, Kothari Group, St. Joan of Arc Secondary School, Walmart Meadowvale Supercentre, Mississauga Central Lions Club, Harvest Family Church, Team TELUS Cares, The Auto Spa, Richards-Wilcox Canada

Major Food Donors: McKesson Pharma, Whole Foods Market, Costco, Bruce R Smith Ltd. Trucking, Fresh Produce Box Program, J. E. Russell (OFT), ConAgra Foods, Gambles, Central Mississauga Lions Farmers Market, St. Aloysius Gonzaga Secondary School & Canadian Fruit & Produce

Major Food Drives: Loblaw Head Office was the top food drive of the year collecting 5,028 pounds of food. The rest of the top ten are RSA Insurance, MiGroup, Mississauga Girls Hockey Atom Team 2, The Shopping Channel, Churchill Meadows Christian Church, Peel Regional Police PCLC - Cram-a-cruiser, GE Canada - United Way Campaign, Merciful Redeemer Parish and Credit Mills Kids.

Top ten PDSB & DPCDSB school food drives: Our Lady of Mount Carmel Secondary School was the top school food drive at 3,853 pounds of food. The rest of the top ten are St. Joan of Arc Secondary School, St. Aloysius Gonzaga Secondary School, Ruth Thompson Middle School, Vista Heights Public School, St. Aloysius Gonzaga Secondary School, Erin Centre Middle School, John Fraser Secondary School, Churchill Meadows Public School, St. Elizabeth Seton School



Thank you to all of our 2014 donors!

On May 27th, 2015 we re-branded to better reflect everything we do to serve the community. We are proudly now:



www.edenffc.org

**Unity Location: Food Bank,
Learning Kitchen, Warehouse
& Office:**

2-3185 Unity Drive
Mississauga, ON L5L 4L5

**Battleford Location:
Food Bank**

3051 Battleford Road
Mississauga, ON

905.785.3651

e-mail: info@edenffc.org

twitter: www.twitter.com/EdenFood4Change

**Eden Food for Change
is a registered charitable organization.
Registered Charity Number: 86440 7259 RR0001**



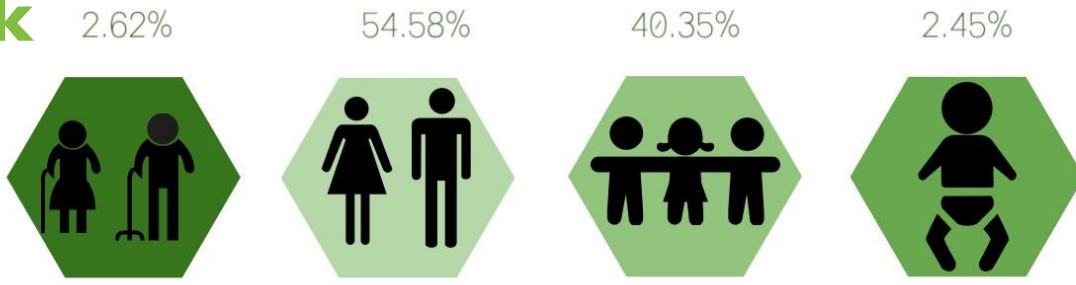
IN ALLIANCE WITH
COMMUNITY FOOD CENTRES CANADA

Food Access

The **13,026** Food Bank Visits (590 more than 2013)

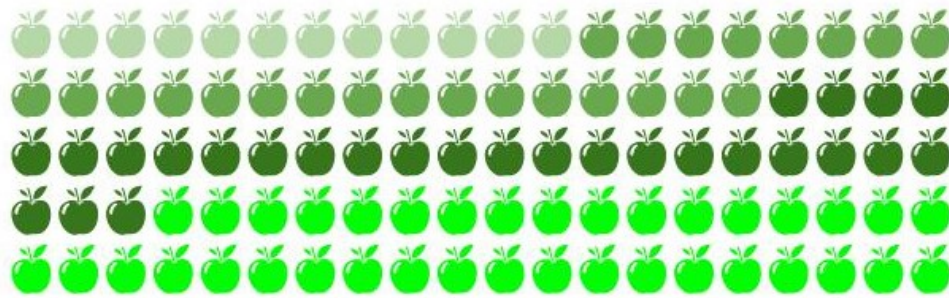
Food Bank

An average of **30 lbs** of food/person/visit



"Without the food bank I would not have enough food to feed my son or myself."

Average Quarterly Sales (January-70 boxes/week, December-400 boxes/week)



Fresh Produce Box

Q1 Q2 Q3 Q4

My family is on a tight budget...so this allows us to eat wonderful fresh produce at a very affordable price."

Food Skills

Cooking Classes



45 Cooking Course Participants learned and took home **1,150** portions of healthy food



14,491 portions of healthy food made by **51** corporate & school groups in our Learning Kitchen

Groups in the Kitchen

Community Engagement

22,694 hours donated by individuals
2,838 hours donated by groups

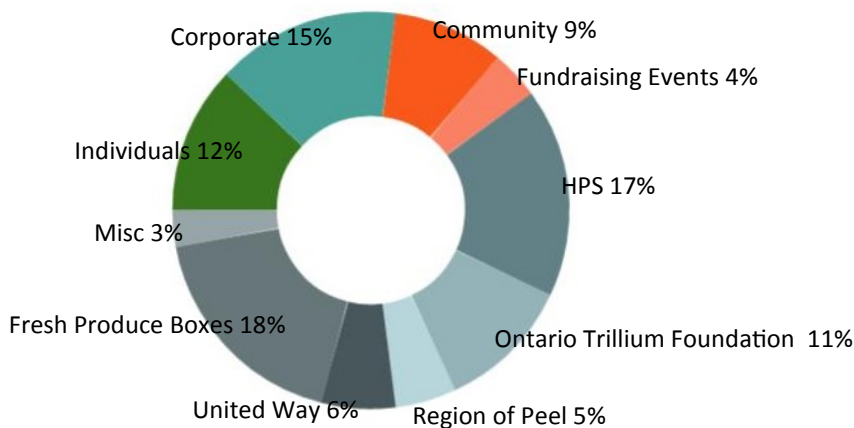


2 Signature Fundraising Events
172 Family Night Participants
170 Student Night Participants
35+ Community Presentations

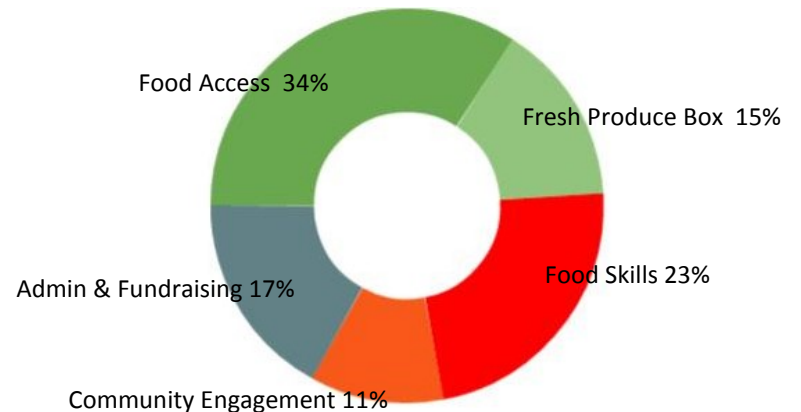
508,913 lbs donated to the food bank by our generous community

Financial

Income Sources



Expenses by Main Program Areas



In 2014, our revenue was \$772,391 and our expenses were \$786,271

2014